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Plant Families

Less Dangerous <<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<<< >>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>More Dangerous
Please note that these are *generalities*. ***You <u>cannot</u> know the safety or uses of a plant just by its family!***

Asteraceae (Dandelion Family)
    Can have chronic toxicity
Cyperaceae (Sedge Family)
Ericaceae (Blueberry/Ohelo Family)
Lamiaceae (Mint Family)
    Some can cause miscarriage
Malvaceae (Hibiscus Family)
    Some can cause miscarriage
Moraceae (Mulberry Family)
Plantaganaceae (Plantain Family)
Poaceae (Grass Family)
Zingiberaceae (Ginger Family)

Araceae (Taro/Phellodendron Family)
    Irritating constituents
Caryophyllaceae (Chickweed Family)
    Can have irritating constituents
Fabaceae (Bean/Legume Family)
Myrtaceae (Guava/'Ohi'a Family)
    Tannins - very astringent
Oxidalidaceae (Sorrel Family)
    Irritating constituents
Piperaceae (Pepper/Kava Family)
Polygonaceae (Sheep Sorrel Family)
    Can have irritating constituents
Rosaceae (Raspberry/Apple Family)
    Seeds can be toxic

Anacardaceae (Mango/Poison Ivy Family)
Apiaceae (Carrot/Hemlock Family)
Apocyanaceae (Oleander/Maile Family)
Convolvulaceae (Morning Glory Family)
Euphorbiaceae (Spurge//Kukui) Family
Papaveraceae (Poppy Family)
Ranunculaceae (Goldenseal Family)
Solanaceae (Tobacco/Tomato Family)